Know When to Stop, Drop, and Roll

LESSON PLAN

Teacher Information

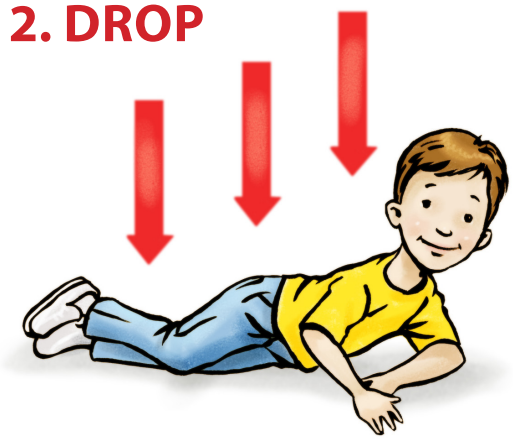
- "Stop, drop, and roll" is used when clothing catches fire. Teach students to stay away from fire. If clothes catch fire:
  - *Stop where you are.*
  - *Drop to the ground and cover your eyes and mouth with your hands.*
  - *Roll over and over and back and forth until the flames are out.*
  - *Get help from a grown-up who will cool the burn and get medical help.*
- Children often get confused about **when** to stop, drop, and roll. Stress the importance of knowing when to do this behavior. Only do it when clothing catches fire. Children who do not have a good understanding of stop, drop, and roll will sometimes do this if they burn a finger or need to get outside if the smoke alarm sounds. Using stop, drop, and roll under the wrong circumstances could be very dangerous.
- Children should stay away from things that can catch clothing on fire, such as matches, lighters, fireplaces, heaters, grills, or gasoline.

Teaching Points

- Stay away from fire. Fire from a match, lighter, fireplace, or grill could catch clothes on fire.
- Clothes on fire can cause a bad burn and hurt very much.
- If your clothes catch fire:
  - *Stop where you are.*
  - *Drop to the ground – lay flat with your legs out straight and cover your eyes and mouth with your hands.*
  - *Roll over and over and back and forth until the flames are out.*
- Get help from a grown-up right away.
- The most important thing to remember is to stay away from fire. It can catch your clothes on fire. Only use "stop, drop, and roll" if your clothes are on fire.

1. STOP

2. DROP



3. ROLL

Objectives

The students will:

- State a reason why you would stop, drop, and roll.
- Demonstrate the stop, drop, and roll procedure.

Materials

- "*Learn Not To Burn*" concept web (on transparency, whiteboard, or chart paper)
- "Stop, Drop, and Roll" K-W-L chart (on transparency, whiteboard, or chart paper)
- *Stop, Drop, and Roll* written by Margery Cuyler
- Balloons and masking tape
- "Stop, Drop, and Roll" steps activity sheet
- "Stop, Drop, and Roll" cards for sorting
- "Know When to Stop, Drop, and Roll" and "Stop, Drop, and Roll Flyer" home – school connection letter.

Procedure

1. Revisit the "*Learn Not to Burn*" concept web and explain that the next topic they will be learning about is "Know When to Stop, Drop, and Roll". Add that topic to the concept web.
2. Activate prior knowledge by asking the children what they know about stop, drop, and roll. Introduce the "Stop, Drop, and Roll" K-W-L chart and record any information that the children know about the process. Record any questions that the children may have.
3. Explain to the children that they will be hearing a story about what to do if their clothes ever catch on fire. Read and discuss *Stop, Drop, and Roll*.
    a. What was Jessica? (A worrier)
    b. What did Mr. Martin ask Jessica to demonstrate at the school assembly? (Stop, drop, and roll)
    c. Whose birthday party did Jessica attend? (Tom's)
    d. What did Jessica yell when Tom leaned over to blow out the candles? (Stop, drop, and roll)
    e. What did Tom do? (He dropped to the ground)
    f. Should he have done stop, drop, and roll? (No)
    g. Why? (His clothes were not on fire)
4. Review the different ways that fire safety problems have been solved in this unit (i.e. having a grown-up check your bath water so you are not burned or never touching matches or lighters). Explain that many fire safety problems can be avoided by making careful choices but stop, drop, and roll is another important thing to learn. Tell the children to only stop, drop, and roll if their clothes have caught on fire.
5. Create a list of things that may catch clothes on fire. Remind children that we want to avoid things on this list and any open flames.

6. Write "1 - Stop", "2 - Drop", and "3 - Roll" on the board. Tell the children that these three words will help if a person's clothes ever catch on fire. Explain the steps as follows: Stop means stop where you are. Drop means drop to the ground and lay flat with your legs out straight, cover your eyes and mouth with your hands. Roll means roll over and over and back and forth until the fire is out. Tell the children that once they have done these three steps they must then get the help of a grown-up right away.
7. Stand in front of the class and attach an inflated balloon to your clothes using masking tape. Explain to the children that the balloon represents fire that must be put out and you are going to show them the correct way to stop, drop, and roll. Carefully demonstrate each step of the process, explaining the actions as they are being done, until the entire process has been completed. (The balloon will pop as you roll.) Stand up and show the class that the flames on the clothes (balloon has popped) have now been put out. Remind the class that it is now time to get the help of a grown-up.
8. Have children come up and demonstrate the same process, using a balloon as the flame to reinforce that they should only stop, drop, and roll if their clothes are on fire.
9. Give each child the "Stop, Drop, and Roll" steps activity sheet. Have the children draw a picture representing the steps in the process. The sheet has four boxes to remind the students that the fourth step of getting help from a grown-up is a very important step.
10. Tell the children that they are now going to explore some fire safety situations that they will need to solve. Use the "Stop, Drop, and Roll" cards, allowing one child at a time to choose a card and share it with the class. Together, decide the correct response. The students should only respond with "stop, drop, and roll" when the card shows a person's clothes are on fire. Address inappropriate responses by describing appropriate ways to solve the problem. If the child chooses a card for which stop, drop, and roll is appropriate have them model the steps for the class.
11. Review the "Stop, Drop, and Roll" K-W-L chart and add new learning. Address any misconceptions that students may have had about appropriate times to stop, drop, and roll.
12. Reinforce that the best way to stay safe is to never have to use stop, drop, and roll. Avoiding any flames that could catch clothes on fire is important.

NOTE: Refer to the "Stop, Drop, and Roll" video which includes a demonstration of the correct way to stop, drop, and roll.

STOP, DROP, AND ROLL - K-W-L CHART

Know	Want To Know	Learned

STOP, DROP, AND ROLL STEPS - ACTIVITY SHEET

Name: _____ *Date:* _____

Only use stop, drop, and roll if your clothes catch on fire. Stay away from open flames to prevent this from happening. Write and illustrate the four important steps in stop, drop, and roll.

If my clothes catch on fire...

First I

Then I

Next I

Last I

STOP, DROP, AND ROLL STEPS - ANSWER KEY

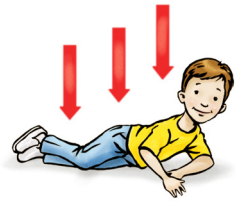
Name: _____ *Date:* _____

Only use stop, drop, and roll if your clothes catch on fire. Stay away from open flames to prevent this from happening. Write and illustrate the four important steps in stop, drop, and roll.

If my clothes catch on fire...

First I

Then I



Next I

Last I

GET HELP FROM A GROWN-UP.

STOP, DROP, AND ROLL SORTING CARDS

I burned my finger.

The smoke alarm is going off.

We are having a fire drill.

My pants are on fire.

STOP, DROP, AND ROLL SORTING CARDS

My shirt is on fire.	There is smoke.
A candle is burning.	My sleeve is on fire.

STOP, DROP, AND ROLL SORTING CARDS

I need to get outside.	**There is a fire.**
My hair is on fire.	**My house is on fire.**

STOP, DROP, AND ROLL SORTING CARDS - ANSWER KEY

I should stop, drop, and roll.

My pants are on fire.

My shirt is on fire.

My sleeve is on fire.

My hair is on fire.

I should not stop, drop, and roll.

I burned my finger

The smoke alarm is going off.

We are having a fire drill.

There is smoke.

A candle is burning.

I need to get outside.

There is a fire.

My house is on fire.

KNOW WHEN TO STOP, DROP, AND ROLL

Dear Family,

Our class is learning about fire safety. Today we learned "Know When to Stop, Drop, and Roll". Your child learned about ways to keep his/her clothes from catching on fire, in addition to the proper way to stop, drop, and roll should their clothing ever catch fire. Your child should, first and foremost, always avoid any open flames. Prevention is the key! It is, however, also important to be informed on the proper way to stop, drop, and roll. Each step was taught as follows: Stop means stop where you are. Drop means drop to the ground and lay flat with your legs out straight, cover your eyes and mouth with your hands. Roll means roll over and over and back and forth until the fire is out. Your child also learned an important fourth step, getting the help of a grown-up right away! Please talk to your child about the importance of avoiding flames and appropriately using stop, drop, and roll.

SAFETY TIP! *If someone is burned, the best action to take is to cool the burn for 3 to 5 minutes. Get medical help if needed.*

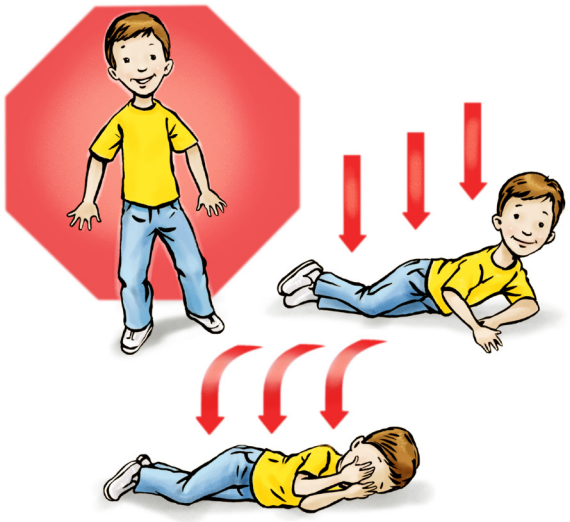
Together we can keep your child safe from fire.

Sincerely,

_____

Here is a fire safety activity you can do with your child.

Learn Stop, Drop, and Roll



- Walk around your house with your child. Identify together any areas that your child should avoid so that stop, drop, and roll is not necessary (i.e. do you have a fireplace or gas stove?).
- Practice the proper way to stop, drop, and roll.
- Create a mini-book stating the steps of stop, drop, and roll.
- On each page write the step and illustrate what that step would look like. Don't forget the fourth step of getting help from a grown-up!
- Create a fun cover and keep this book handy to review and practice.

Fire safety fun for families at sparky.org!

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STOP, DROP, AND ROLL - FLYER

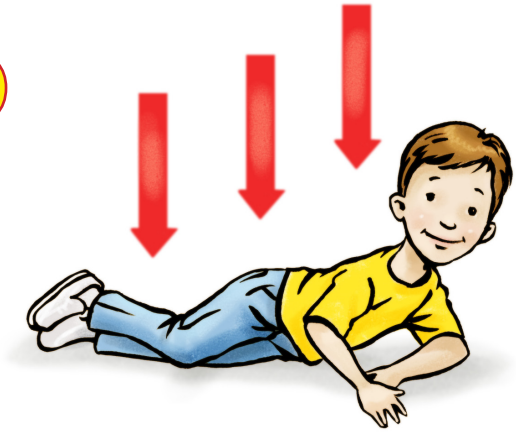
If your clothes catch fire:

1. Stop

Stop what you are doing.

2. Drop

Drop to the ground.



3. Roll

Cover you face with your hands, keep your legs straight and roll over and over and back and forth to put the fire out.

Get help from a grown-up!

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